



# ADOLESCENT HEALTH INITIATIVE

## THE ADOLESCENT CHAMPION MODEL

The Adolescent Champion Model (ACM) is an evidence-based approach to remove barriers and improve adolescent care by addressing a health center's environment, policies, and practices.

### THROUGH THE ADOLESCENT CHAMPION MODEL, A COHORT OF HEALTH CENTERS. . .



Train staff on best practices around youth-friendly care including confidentiality, cultural responsiveness, and un-biased communication

Participate in a community of practice with other ACM health centers

Complete the ACE-AP, a guided self-assessment tool that covers 12 key areas of adolescent-centered care and allows Champion Teams to identify priority areas for improvement

Receive technical assistance, customized resources, and implementation support from AHI

### HEALTH CENTERS WHO PARTICIPATED IN THE ADOLESCENT CHAMPION MODEL:

80%

80% of Champion sites reported **improvements in the number of** adolescent, preventive care, and behavioral/mental health visits



Received an increase in **positive feedback** from **adolescents** on the improvement of the clinic space, provider knowledge of confidentiality, and asking about both physical and mental health



**Widened their scope** of reproductive health services specific to **adolescent best-practices** including providing comprehensive screenings and services aligned with **national guidelines and recommendations**



Saw close to a **27% increase** in their ability to provide **adolescent-centered behavioral health services** ensuring strong communication and referral resources between **primary care and behavioral health providers**

# COMPONENTS OF THE MODEL

## PLANNING



## IMPLEMENTATION



## WRAP UP



### PLANNING



#### ADOLESCENT CHAMPION TEAM

A provider, health center manager, and other committed staff who dedicate 1-4 hours monthly to implement the model.



#### DATA COLLECTION

Staff, providers, and adolescent patients complete surveys. Sites report adolescent-specific measures.



#### ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP)

Baseline facilitated self-assessment to identify priority areas and a customized implementation plan to guide improvements throughout the process.

### IMPLEMENTATION



#### CORE CONTENTS

Three e-learning modules for Champion Teams to prepare for Spark facilitation and to check-in on the progress of their ACE-AP.



#### SPARK TRAININGS

Six packaged, 15-minute mini-trainings on youth-friendly care that are delivered by Champion teams to staff and providers.



#### MIDYEAR ACE-AP CHECK IN

Mid-year call with ACM Coach to check in on progress in priority areas identified during the ACE-AP.



#### COMMUNITY OF PRACTICE

Two in-person professional development meetings with the full cohort of Champion teams.



#### TECHNICAL ASSISTANCE

Ongoing technical assistance throughout the implementation period via check-in calls and emails.

### WRAP UP



#### DATA COLLECTION

Staff, providers, and adolescent patients complete surveys. Sites report adolescent-specific measures.



#### ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP)

Year-end facilitated self-assessment to highlight progress and a customized implementation plan to guide additional improvements beyond the scope of the project.



#### CERTIFICATION

Opportunity for sites that complete the ACM to be certified as an Adolescent-Centered Environment.