

Teens, Privacy, and Health: What You Need to Know

1. You have the right to be treated with respect regardless of race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status or parental status.
2. At this health center, you have the right to talk to your provider alone, without your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult.
3. Private information you share with our health center staff will remain confidential and not be shared without your permission (giving consent) except for in the cases listed below:
 - You tell us or we suspect that an adult is hurting you.
 - You tell us that you want to hurt yourself.
 - You tell us you want to hurt someone else.
 - You are having a sexual relationship that is deemed non-consensual by Alaska law.
4. Some insurance plans may mail information about your visit to your house. Talk to your provider if you are especially concerned about confidential care.
5. According to Alaska law, you have the right to the following services without the permission of a parent or legal guardian:
 - Emergency services
 - Contraceptives and family planning services including emergency contraception
 - Pregnancy services and prenatal care
 - Abortion
 - Testing and treatment for sexually transmitted infections (STIs) and testing for HIV
 - Any medical service if:
 - Your parent or guardian cannot be reached
 - The parent or legal guardian, when reached, refuses to provide or withhold consent
6. If you are using Medicaid or receiving services at a Title X reproductive/sexual health center, all forms of contraception are available without the permission of a parent/guardian. Also, Title X clinics have additional protections around confidentiality.
7. You have the right to have your options for care explained to you.
8. You have the right to review your health center records.
9. If you feel you have been mistreated, please inform the health center staff.

*Some insurance plans may mail information about your visit to your house.
Talk to your provider if you are using your family's insurance and want confidential care.*