



**Briana, a 15-year-old girl who is covered by Medicaid, is requesting an IUD and does not have the consent of her parent. What do you do?**

- Tell the patient that she has to come back with a parent's consent.
- Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- Explain to the patient that you can perform the procedure without parental consent, but her parents may receive an Explanation of Benefits.

**Answer: (c.) Explain to Briana that you can perform the procedure without parental consent since she is covered under Medicaid, but her parents could receive an Explanation of Benefits.**

**Micah is 14, identifies as non-binary and is requesting a chlamydia test. They don't want to tell their dad, who's in the waiting room. Do they need consent from their father?**

- Yes
- No

**Answer: No. Minors may consent on their own to testing and treatment of sexually transmitted infections. Maintaining client confidentiality can be an important part of insuring access to care and a health care provider who treats a minor ordinarily must not notify the minor's parent or guardian about the treatment without the minor's expressed permission.**



***Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.***



Jade is 16 years old. Can she receive a pregnancy test AND prenatal care without her parents' consent?

- a. Yes
- b. No

**Answer: Yes. Alaska law states that minors are able to consent to prevention, diagnosis and treatment of pregnancy.**

Which of these options below DO NOT require parental consent for a teen living with her parents?

- a. HPV vaccine
- b. Abortion
- c. Treatment for controlled substances or alcohol
- d. Admission to an inpatient mental health facility

**Answer: (b.) Minors may consent to abortion. All other options require a parent's consent. However, according to Alaska law, if the minor's parents cannot be reached, or when reached, refuse to give or withhold consent, a teen would be able to consent for any of the other above options.**

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**Carlos is 14 years old and needs mental health care. Which of these statements is true for him?**

- He can consent to outpatient counseling without his parent's consent
- If he needs to, he can consent to depression medication without his parent's consent
- He needs to get his parent's consent for any sort of mental health treatment.

**Answer: (c.) Minors need parental consent for inpatient and outpatient mental health screening and treatment,**

**unless the minor's parents cannot be reached, or when reached, refuse to give or withhold consent.**

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**Which of the following require parent/guardian consent?**

- Emergency care
- Any care for legally emancipated minors
- Contraceptives
- Vaccines
- Treatment for HIV
- Outpatient substance use treatment

**Answer: (d.) and (f.)**

- Vaccines, including the HPV, require parental consent.**
- Outpatient substance abuse treatment also requires parental consent.**
- If the minor's parents cannot be reached, or when reached, refuse to give or withhold consent, a teen would be able to consent for these services.**

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