



**Briana, a 15-year-old girl, is requesting an IUD and does not have the consent of her parent. The physician determines that without the IUD, probable health hazards would occur. What do you do?**

- Tell the patient that she has to come back with a parent's consent.
- Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- Explain to the patient that you can perform the procedure without parental consent, but if she pays with her parent's insurance, they may receive an Explanation of Benefits.

**Answer: c. Explain to Briana that you can perform the procedure without parental consent due to Alabama Minor Consent Laws, however, if she pays with her parent's insurance, her parents may receive an Explanation of Benefits.**

**Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?**

- Yes
- No

**Answer: No.**

**Minors in Alabama have the right to consent to STI testing and treatment without a parent's consent.**



*Remember, it's best practice in most cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.*



**Jade is 16 years old. Can she receive a pregnancy test AND prenatal care without informing her parents?**

- a. Yes
- b. No
- c. It depends on physician determination

**Answer: A. Minors are able to consent to pregnancy testing and prenatal care without parent/guardian consent.**



**Carlos is 15 years old and needs mental health care. Which of these statements is true for him?**

- a. He can consent to counseling without his parent's knowledge or consent.
- b. If he needs to, he can consent to depression medication without his parent's consent.
- c. If he needs to, he can get inpatient treatment without his parent's consent.
- d. Actually, he needs to get his parent's consent for any sort of mental health treatment.

**Answer: A. Minors can consent on their own to outpatient mental health services.**

**Which of the following requires parent/guardian consent?**

- a. STI and STD testing
- b. Vaccinations
- c. Prescription contraceptives

## d. Mental health services

**Answer: C. Minors need parent/guardian consent for prescription contraceptives unless they are covered by Medicaid or seeking care in a Title X clinic.**

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**Which of these options below do not require parental consent?**

- a. Treatment/advice for over-the-counter contraceptives
- b. Diagnosis and/or treatment for sexually transmitted infections, including HIV/AIDS
- c. Pregnancy or Prenatal care
- d. Counseling for substance abuse
- e. All of the above

**Answer: E. Parental consent for all of the above services is not required.**

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