



Briana, a 15-year-old girl, is requesting an IUD and does not have the consent of her parent. What do you do?

- a. Tell the patient that she has to come back with a parent's consent.
- b. Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- c. Explain to the patient that you can perform the procedure without parental consent, but if she pays with her parent's insurance, they may receive an Explanation of Benefits.

Answer: (c.) Explain to Briana that you can perform the procedure without parental consent or knowledge, but if she pays with her parent's private insurance, they may receive an Explanation of Benefits.

Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?

- a. Yes
- b. No

Answer: No. Minors have the right to STI testing and treatment without a parent's consent.



Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.



Jade is 16 years old and just had unprotected sex. Can she receive emergency contraception without a parent or guardian's consent?

- a. Yes
- b. No

Answer: Yes. Minors have the right to birth control information and contraceptives, including emergency contraception, without parent/guardian consent.

Which of these options below do not require parental consent?

- a. HPV vaccine
- b. ADHD medication for a 13 year-old
- c. Inpatient mental health treatment
- d. Outpatient mental health treatment

Answer: (a.) The HPV vaccine falls under STI prevention. All other options require a parent/guardian's consent.

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Carlos is 14 years old and wants HIV testing. Which of these statements is true for him?

- a. He can consent to HIV testing without his parent's knowledge or consent
- b. HIV is the only STI for which he can consent to testing without his parent's permission.
- c. You can assure him that his HIV test result will not be shared with his parent, whether it is positive or negative.

Answer: (a.) Minors can consent to HIV testing, but they must be informed if that if they test positive, their parent must be told. Minors can consent to all other STI testing without their parents being notified.

Which of the following require parent/guardian consent for a 13-year-old?

- a. Emergency care – a “life or limb” situation
- b. Smoking cessation counseling
- c. HPV vaccination
- d. Pregnancy testing
- e. Mental health treatment

Answer: e. Mental health treatment is the only listed service that requires parent/guardian consent for minors. Smoking cessation services requires parent/guardian consent under age 12.

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