



Briana, a 15-year-old girl, is requesting an IUD and does not have the consent of her parent. What do you do?

- Tell the patient that she has to come back with a parent's consent.
- Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- Explain to the patient that you can perform the procedure without parental consent, but if she pays with her parent's insurance, they may receive an Explanation of Benefits.

Answer: (c.) Explain to Briana that you can perform the procedure without parental consent or knowledge, but if she pays with her parent's private insurance, they may receive an Explanation of Benefits.

Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?

- Yes
- No

Answer: No. Minors have the right to STI testing and treatment without a parent's consent.



Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.



Jade is 16 years old and just had unprotected sex. Can she receive emergency contraception without a parent or guardian's consent?

- a. Yes
- b. No

Answer: Yes. Minors have the right to birth control information and contraceptives, including emergency contraception, without parent/guardian consent.

Which of these options below do not require parental consent?

- a. Pregnancy testing
- b. ADHD medication for a 13 year-old
- c. Inpatient mental health treatment
- d. Outpatient mental health treatment

Answer: A & D. Pregnancy testing and outpatient mental health treatment (up to 6 sessions) do not require parental/guardian consent. All other options require a parent/guardian's consent. Requiring parental consent for ADHD medicine is tricky because the patient must be 16 years and older and medication can only be prescribed when parent and guardian is not reasonably available, requiring consent would be detrimental to the minor, or the parent/guardian refuses.



Carlos is 15 years old and needs mental health care. Which of these statements is true for him?

- a. He can consent to counseling without his parent's knowledge or consent.
- b. If he needs to, he can consent to depression medication without his parent's consent
- c. He needs to get a parent's consent for any sort of mental health treatment.

Answer: c. Carlos would need to get a parent/guardians consent before he can receive mental health treatment because he is under 16 years old.

Which of the following does not require parent/guardian consent for an 18-year-old?

- a. Mental health services
- b. Substance use treatment
- c. HPV vaccination
- d. Abortion

Answer: A, B & D. Because this minor is 18, they can consent to mental health services or substance abuse treatment (up to six sessions) and an abortion. They cannot consent to the HPV vaccination until they are 19.

Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.

For educational purposes only.