



**Briana, a 15-year-old girl who is covered by Medicaid, is requesting an IUD and does not have the consent of her parent. What do you do?**

- a. Tell the patient that she has to come back with a parent's consent.
- b. Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- c. Explain to the patient that you can perform the procedure without parental consent, but her parents may receive an Explanation of Benefits.

**Answer: (c.) Explain to Briana that you can perform the procedure without parental consent since she is covered under Medicaid, but her parents could receive an Explanation of Benefits.**

**Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?**

- a. Yes
- b. No

**Answer: No. Minors may consent on their own to testing and treatment of STIs. Maintaining client confidentiality can be an important part of insuring access to care and a health care provider who treats a minor ordinarily must not notify the minor's parent or guardian about the treatment without the minor's express permission.**



***Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.***



Jade is 16 years old. Can she receive a pregnancy test AND prenatal care without her parents' consent?

- a. Yes
- b. No

**Answer: Yes. Minors have the right to pregnancy testing and prenatal care other than abortion without parent/guardian consent.**

Which of these options below DO NOT require parental consent for a teen living with her parents?

- a. HPV vaccine
- b. ADHD medication for a 13 year-old
- c. Treatment for substance use
- d. Admission to an inpatient mental health facility

**Answer: (c.) Minors may consent to outpatient treatment of controlled substances or alcohol. All other options require a parent's consent.**

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**Carlos is 14 years old and needs mental health care. Which of these statements is true for him?**

- He can consent to outpatient counseling without his parent's consent
- If he needs to, he can consent to depression medication without his parent's consent
- He needs to get his parent's consent for any sort of mental health treatment.

**Answer: (a.) Minors may consent to outpatient treatment without their parents' consent.**

**Which of the following require parent/guardian consent?**

- Emergency care
- Abortion
- Emergency contraception
- Vaccines
- Treatment for herpes or HPV
- Inpatient mental health services

**Answer: (b.), (d.), and (f.)**

- Teens cannot receive abortion care without parental consent.
- In most cases, vaccines require parental consent.
- Teens can consent for outpatient mental health services but not inpatient services.

**Additionally, teens who are 16 or older can generally consent to any health care services that do not require an operation.**

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