

Teens, Privacy, and Health: What You Need to Know

1. **You have the right to be treated with respect regardless of race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status or parental status.**
2. **At this health center, you have the right to talk to your provider alone, without your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult.**
3. **Private information you share with our health center staff will remain confidential and not be shared without your permission (giving consent) except for in the cases listed below:**
 - You tell us or we suspect that an adult is hurting you.
 - You tell us that you want to hurt yourself.
 - You tell us you want to hurt someone else.
 - You are a minor (under 18) and have had sexual contact with a person who is 18 or older.
 - You are minor (under 18) and have had sexual contact with a person who is 13 or under.
4. **According to Minnesota law, you have the right to the following services without the permission of a parent or legal guardian:**
 - Emergency medical, surgical, hospital or health services (if a parent/guardian would delay or deny treatment)
 - Contraceptive care and family planning services including emergency contraception
 - Pregnancy and prenatal care
 - Testing and treatment for sexually transmitted infections (STIs) including HIV
 - Substance use services and treatment
 - Outpatient mental health services and treatment
5. **If you are using Medicaid or receiving services at a Title X reproductive/sexual health center, all forms of contraception are available without the permission of a parent/guardian. Also, Title X clinics have additional protections around confidentiality.**
6. **You have the right to have your options for care explained to you.**
7. **You have the right to review your health center records.**
8. **If you feel you have been mistreated, please inform the health center staff.**

*Some insurance plans may mail information about your visit to your house.
Talk to your provider if you are especially concerned about confidential care.*