

Teens, Privacy, and Health: What You Need to Know

1. You have the right to be treated with respect regardless of race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status, or parental status.
2. At this health center, you have the right to talk to your provider alone, without your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult.
3. Private information you share with our health center staff will remain confidential and not be shared without your permission (giving consent) except in the cases listed below:
 - You tell us or we suspect that an adult is hurting you.
 - You tell us that you want to hurt yourself or someone else.
 - You are sexually active with someone inappropriate based on your age and their age. Ask a member of our staff if you would like to learn more about this.
4. According to Washington law, you have the right to the following services without the permission of a parent or legal guardian:
 - Emergency care.
 - Testing and treatment of sexually transmitted infections (STIs) and HIV (must be 14 or older)
 - Pregnancy testing and prenatal care including abortion.
 - Family planning and contraceptives including emergency contraceptives.
 - Mental health and substance use treatment done at a doctor's office such as counseling (age 13 or older).
 - Mental health treatment (age 13 or older) that requires you to stay overnight at a hospital or mental health facility. Your parent/guardian does not have to be notified if they can't be found or it would be harmful to you.
 - Substance use treatment (age 13 or older) that requires you to stay overnight at a hospital or mental health facility.
5. If you are using Medicaid or receiving services at a Title X reproductive/sexual health center (ask the staff), all forms of contraception are available without the permission of a parent/guardian. Title X clinics can also provide other sexual and reproductive health services such as STI testing and treatment and pregnancy testing without informing your parent or guardian.
6. You have the right to have your options for care explained to you.
7. You have the right to review your health center records.
8. If you feel you have been mistreated, please inform the health center staff.

Talk to your provider if you are especially concerned about confidential care.