



This menu will go into effect on **Monday, May 20, 2024**.

Meals are prepared by Lucky Kitchen. Occasional substitutions may occur.

Meal Component	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Entrée	Salted and Peppered Shrimp	Hunan Chicken w/Tofu	Shrimp & Steamed Egg	Pork with Tofu	Shrimp with Edamame & Shiitake	Boiled Fish Filet, Bean Sprouts & Nappa
Soup	Tofu and Veggie Soup	Seafood & Tofu Soup	Hot & Sour Soup <i>(Mild)</i>	Egg Drop & Seaweed Soup	Chicken & Vegetable Soup	Wonton Soup
Sides	Tomato and Egg	Hunan Vegetables	Sauteed Green Beans & Onions	Potatoes with Pepper & Onions	Pork Lo Mein	Sauteed Eggplant
	Green & Red Bean Rice	7 Grain Rice	Chestnut Rice	Steamed Rice	Steamed Rice	Roasted Pumpkin Rice
	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons
Dairy	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt

Meal Component	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Entrée	Beef with Tomato & Tofu	Steamed Fish & Shrimp with Tofu	Ginger & Onion Chicken	Shrimp with Snow Peas and Bamboo	Curry Beef Stew w/Carrot and Onions	Beef with Broccoli
Soup	Seafood & Tofu Soup	Hot & Sour Soup <i>(Mild)</i>	Egg Drop & Seaweed Soup	Chicken & Corn Soup	Chicken and Vegetable Soup	Wonton Soup
Sides	Vegetable Hong Kong Mein	Singapore Mi Fung	Tomato and Egg	Bok Choy & Mushroom Trio	Sauteed Potatoes & Onions	Sauteed Eggplant
	Roasted Sweet Potato Rice	Steamed Rice	7 Grain Rice	Chestnut Rice	Steamed Rice	Green & Red Bean Rice
	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons
Dairy	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt

Meal Component	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Entrée	Twice Cooked Pork	Steamed Fish w/Tofu Stew	Pork & Tofu in Hunan Sauce	Chicken with Broccoli	Beef w/Carrots and Potato Stew	Meatballs with Nappa & Shiitake
Soup	Chicken & Veggie Soup	Hot & Sour Soup <i>(Mild)</i>	Egg Drop & Seaweed Soup	Bok Choy & Tofu Soup	Wonton Soup	Chicken & Corn Soup
Sides	Singapore Mi Fung	Sauteed Green Beans & Onions	Hunan Vegetables	Sauteed Eggplant	Sauteed Zucchini & Onions	Bok Choy Mushroom Trio
	Green & Red Bean Rice	7 Grain Rice	Chestnut Rice	Roasted Sweet Potato Rice	Steamed Rice	Roasted Pumpkin Rice
	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons
Dairy	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt

Meal Component	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Entrée	Chicken with Mushroom Trio	Beef & Snow Peas and Bamboo	Shrimp with Tofu Stew	Salt & Pepper Chicken	Hunan Beef w/Tofu & Shiitaki Mushrooms	Pork with Green Beans
Soup	Bok Choy & Tofu Soup	Hot & Sour Soup <i>(Mild)</i>	Egg Drop & Seaweed Soup	Wonton Soup	Chicken & Corn Soup	Seafood & Tofu Soup
Sides	Sauteed Peppers Onions & Egg	Sauteed Potatoes & Onions	Sauteed Eggplant	Tomato & Egg	Hunan Vegetables	Shrimp Lo Mein
	Green & Red Bean Rice	Steamed Rice	7 Grain Rice	Chestnut Rice	Roasted Sweet Potato Rice	Steamed Rice
	Mixed Melons	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit	Mixed Melons	Mixed Fresh Fruit
Dairy	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt	Calcium Yogurt