BECOME AN ADOLESCENT *Champion*

ADOLESCENT HEALTH INITIATIVE

The **Adolescent Champion Model** (ACM) is an evidence-based approach to remove barriers to change and streamline implementation to improve care delivery to adolescents. The Champion Model is a multidisciplinary intervention to address a health center's environment, policies, practices, and culture.

THROUGH THE ADOLESCENT CHAMPION MODEL, A COHORT OF HEALTH CENTERS...

- Train staff on best practices around youth-friendly care including **confidentiality, cultural responsiveness, and un-biased communication**.
- Participate in a **community of practice** with other ACM health centers.
- Complete the **ACE-AP**, a guided self-assessment tool that covers **12 key areas of adolescent-centered care** and allows Champion teams to identify priority areas for improvement.
- Receive **technical assistance, customized resources, and implementation support** from AHI.

HEALTH CENTER OPPORTUNITIES

- Professional development and training on adolescent-centered care
- Interdisciplinary collaboration to drive organizational change
- Improvements in health center appearance, policies, practices, and culture
- Opportunity for CME, MOC Part IV, and QI projects

ADOLESCENT OUTCOMES

Improvements in:
- Well visits
- Depression screening
- Chlamydia screening
- Immunization completion
- Risk screening
- Patient satisfaction

ADOLESCENT-CENTERED ENVIRONMENT
GOLD
ADOLESCENT HEALTH INITIATIVE

Scan for our events, resources & newsletter!

UNIVERSITY OF MICHIGAN HEALTH
MICHIGAN MEDICINE

HOW DOES THE ACM *Work?*

PRE-IMPLEMENTATION

ADOLESCENT CHAMPION TEAM: A provider, health center manager, and other committed staff who dedicate 1–4 hours monthly to implement the model.

DATA COLLECTION: Staff, providers, and adolescent patients complete surveys. Sites report adolescent-specific measures.

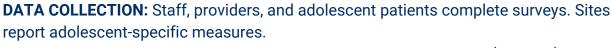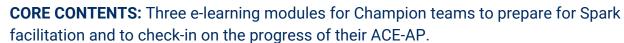**ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP):** Baseline facilitated self-assessment to identify priority areas and a customized implementation plan to guide improvements throughout the process.

IMPLEMENTATION

CORE CONTENTS: Three e-learning modules for Champion teams to prepare for Spark facilitation and to check-in on the progress of their ACE-AP.

SPARK TRAININGS: Six packaged, 15-minute mini-trainings on youth-friendly care that are delivered by Champion teams to staff and providers.

MIDYEAR ACE-AP CHECK IN: Mid-year call with ACM coach to check-in on progress in priority areas identified during the ACE-AP.

COMMUNITY OF PRACTICE: Two in-person professional development meetings with the full cohort of Champion teams.

TECHNICAL ASSISTANCE: Ongoing technical assistance throughout the implementation period via check-in calls and emails.

POST-IMPLEMENTATION

DATA COLLECTION: Staff, providers, and adolescent patients complete surveys. Sites report adolescent-specific measures.

ADOLESCENT-CENTERED ENVIRONMENT ASSESSMENT PROCESS (ACE-AP): Year-end facilitated self-assessment to highlight progress and a customized implementation plan to guide additional improvements beyond the scope of the project.

CERTIFICATION: Opportunity for sites that complete the ACM to be certified as an Adolescent-Centered Environment.